

Contact Addresses of the Press

1. Print: Dalies

S.N.	Name	Publisher	Editor	Phone	Fax	Email
1	The Kathmandu Post	Kantipur Publications Pvt. Ltd	Akhilesh Uphahaya	4480100	4466320	kpost@kantipur.com.np
2	Kantipur	Kantipur Publications Pvt. Ltd.	Sudhir Sharma	4480100	4470178	kanti@kantipur.com.np
3	The Himalayan Times	International Media Network (Pvt) Ltd.	Ajaya Bharda Khanal	4771489	4770701	editorial@thehimilayantimes.com
4	Annapurna Post	News Media Pvt. Ltd.	Jivendra Simkhada	4770629	4770632, 4770701	editorial@annapost.com
5	Republica	Nepal Republic Media (P) Ltd	Ameet Dhakal	4265100	4255257	republica@myrepublica.com
6	Nagarik	Nepal Republic Media (P) Ltd	Narayan Wagle	4265100, 4261808	4252262	nagarik@nagariknews.com
7	Rajdhani	Utsarga Prakashan Pvt. Ltd	Yuwaraj Ghimere	5546300	5011594	rajdhaninews@mail.com
8	Nepal Samacharapatra		Badrai Tiwari	4-287777	4-288700	nepalsamacharpatra@gmail.com news@newsofnepal.com

9	Gorkhapatra	Gorkhapatra Sansthan	Ramesh Tiwari (Acting)	4222921/4244429	4224381	marketing@gorkhapatra.org.np
10	The Rising Nepal	Gorkhapatra Sansthan	Ajaya Rana	4244435		trn@gorkhapatra.org.np

2. Print: Weeklies and Fortnightly

SN	Name	Frequency	Publisher	Editor	Phone	Fax	Email
1	Himal Newsmagazine	Fortnightly	Kanak Mani Dixit	Kiran Nepal	5250333, 5250545	5251013	hkp@himalmedia.com
2	Nepal	Weekly	Kantipur Publications Pvt. Ltd/	Prashanta Aryal	4480100	4496548	prashanta@kantipur.com.np
3	Nepali Times	Weekly	Himalmedia Pvt. Ltd.	Kunda Dixit	5250333/845	5251013	editors@nepalitimes.com
4	Newsfront	Weekly	Utsarga Prakashan Pvt. Ltd	Yubaraj Ghimere	4443888	4421147	newsfront@bhrikuti.com
5	Spotlight	Weekly	Keshab Poudel	Keshab Poudel	4430250/98510-79535	-----	spot@mail.com.np
6	Ajako Shiksha	Weekly	Sudarshan Sigel	Sudarshan Sigdel	4433761,9841528710		ajakoshiksha@gmail.com
7	Educational Pages	Fortnightly	Educational Page	Nava Raj Ole	4432135	4432135	Edu_pages@yahoo.com
8	Shikshak	Monthly	Basanta Thapa	Rajendra Dahal	5543252,5548142	5541196	mail@teacher.org.np pitamber@teacher.org.np

3. Radios

SN	Name	Ownership	Station Manager	Phone	Fax	Email
1	Kantipur FM	Private	Prabhat Rimal	5541902	5522731	ksm@kantipur.com.np
2	Radio Sagarmatha	Community	Ghamaraj Luitel	5528091	5530227	stationmanager@radiosagarmatha.org

4. Televisions

SN	Name	Ownership	Phone	Fax	Email
1	Nepal Television	Public	4-228134,4-228447, 4-227290, 4-227452, 4-228436,4-227453, 4-214548, 4-215499,4-229135, 4-220348, 4-220537	977-1-4228312	baniyac@yahoo.com
2	Kantipur Television	Private	4466400/9841303435	4466321	Bhuwan.kc@gmail.com
3	Image Channel	Private	014006555	4427262	ichannel@wlink.com.np
4	Sagarmatha Television	Private	4233071/72	4233073	district@sagarmatha.tv
5	Avenues Television	Private	4227222/4251055	42488811	atv@avenues.tv